



# ARMY RESILIENCE DIRECTORATE

# DEPLOYMENT HEALTH ASSESSMENT PROGRAM

## FACTSHEET

### The Deployment Health Assessment Program

The Deployment Health Assessment Program (DHAP) is a proactive and prevention-focused Ready and Resilient (R2) commander's program, which enables the early identification and treatment of physical and behavioral health issues at critical stages in the Deployment Cycle Support (DCS). DHAP connects Soldiers and Department of the Army Civilians (DACs) with support from programs and services such as the Sexual Harassment/Assault Response and Prevention (SHARP) Program, Army Substance Abuse Program, and Suicide Prevention Program. In addition, DHAP connects individuals with Army Chaplains, case management, TRICARE, Veterans Affairs (VA), inTransition, counseling, and Military OneSource. DHAP aims to connect Soldiers and DACs with the right care at the right time.

### Mission

Implement deployment health assessments for all deploying/deployed Soldiers and DACs to address potential deployment-related physical and behavioral health concerns; promote Soldier and DA Civilian well-being; reduce non-deployables; and maximize unit readiness.

### Deployment Health Assessments

#### Pre-Deployment Health Assessment (Pre-DHA)

The Pre-DHA is taken within 120 days prior to deployment and must be revalidated by a health care provider within 30 days of deployment.

- The Pre-DHA identifies any emerging physical and behavioral health concerns prior to deployment.
- Completing the Pre-DHA up to 120 days prior to deployment helps the individual remain medically ready to deploy and address any health challenges that may impact readiness.

#### Post-Deployment Health Assessment (PDHA)

The PDHA is taken 30 days before or after the redeployment date.

- The PDHA identifies any immediate physical and behavioral concerns from the deployment.
- The PDHA incorporates Traumatic Brain Injury (TBI) questions based on research findings to improve sensitivity as well as animal bite questions to address risk of rabies exposure, and features women's health symptoms questions.

#### Post-Deployment Health Reassessment (PDHRA)

The PDHRA is taken 90-180 days after the redeployment date

- The PDHRA identifies any physical and behavioral health concerns that may evolve over time since redeployment.

For more information about DHAP, visit [www.armyresilience.army.mil/ard/R2/Deployment-Health-Assessment-Program.html](http://www.armyresilience.army.mil/ard/R2/Deployment-Health-Assessment-Program.html).

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